

2015 HEALING RACE WEEKEND REGISTRATION

REGISTRATION DEADLINES:

- Pre-Registration deadline for walk/run events is **August 10, 2015**. T-shirts are included for all pre-registered walk/run participants **ONLY**.

TO REGISTER:

1. Go to **www.healingrace.com** to register online (preferred)
OR
2. Complete the enclosed form, tear off and mail form (**postmarked before August 10, 2015**) and payment to:

Healing Race Foundation
1827 Laurel Park Highway
Hendersonville, NC 28739

Make checks payable to: Healing Race Weekend

For more information, go to:

www.healingrace.com

or call **434.373.0267**

2015 SPONSORS AND PARTNERS



2015 HEALING RACE WEEKEND LIVE IT WELL WALK/RUN PARTICIPATION WAIVER

(required for all Walk/Run participants)

I know that running a road race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my acknowledgment below, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, rocks, grass, trail hazards, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and personal music players are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the 2015 Healing Race Weekend, the Healing Race Foundation, the city of Chatham, the county of Pittsylvania, the Beacon Ridge Retreat Center, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I hereby fully consent to emergency medical care to be rendered by competent medical personnel in the event I should require such attention during the 2015 Walk/Run. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.



2015 Healing Race Weekend

**“Caregiving:
Caring for Others.
Caring for Yourself.”**

August 28 - 29, 2015

Live It Well 5K Run

**Live It Well 5K and 1 Mile
Fun Walk/Run**

**Live It Well Health Expo
and Workshops**

**Under the Stars Concert with
Barbara Weathers & Friends**

Join us for the exciting 2015 Healing Race Weekend on
"Caregiving: Caring for Others. Caring for Yourself."

FRIDAY, AUGUST 28TH

8:00 am 2015 Caregiver Awards Breakfast
10:00 am 2015 Community Dialogue on Caregiving

SATURDAY, AUGUST 29

8:00 am 2015 Live It Well 5K Run (Timed)
8:30 am 2015 Live It Well 5K or 1 Mile Fun Walk/Run
8:00 am - 2015 Live It Well Health Expo and
2:00 pm Workshops on Caregiving
7:30 pm Under the Stars Concert featuring
(Doors open at 6:30 pm) Barbara Weathers (formerly of
Atlantic Starr) & Friends

EVENT LOCATION:

Beacon Ridge Retreat Center
1148 Union Hall School Road
Chatham, VA 24531

RACE INFORMATION:

- Multi-surface 5K running trail
- Fees: \$25 5K Run (timed) OR \$10 Fun Walk/Run
- Water stations along the route and free parking
- Awards:
 - 1st overall male and female 5K timed runners
 - 1st through 3rd male and female awards by age group
- Packet pickup at The Brick, 410 Main St, Danville, VA on Thursday, August 27th from 12:00 pm - 6:00 pm OR from 7:00 am - 7:30 am on-site at the event.

For more information:

www.healingrace.com
434.373.0267

2015 Healing Race Weekend Registration Form

(complete one form per participant)

NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____ ZIP: _____

EMAIL: _____

PHONE: _____

JOB TITLE: _____

ORGANIZATION: _____

GENDER: F M BIRTHDATE: ___/___/_____

TSHIRT SIZE: Youth-SM Youth-MED
 Adult-SM Adult-MED Adult-LRG Adult-XL
 Adult-2XL Adult-3XL

Are you (or have you been) a caregiver? Yes No

OPTIONAL DEMOGRAPHICS

RACE: American Indian/Alaska Native Asian
 Black/African American White
 Native Hawaiian/Other Pacific Islander

Are you willing to participate in HRF's Community Survey on Caregiving and Preventive Health? Yes No

By signing below, I agree to the required waiver (see back) for participation in the 2015 Walk/Run activities.

Signature: _____

Date: _____

EVENT REGISTRATION ACTIVITIES (Check ALL that apply):

Friday, August 28th

- 2015 Caregiver Awards Breakfast \$25
 2015 Community Dialogue on Caregiving FREE

Saturday, August 29th

- 2015 Live It Well 5K Run (Timed) \$25
(includes t-shirt if registered by 8/10)
 2015 Live It Well 5K or 1 Mile Fun Walk/Run \$10
(includes t-shirt if registered by 8/10)
 2015 Live It Well Health Expo and Workshops on Caregiving FREE
 Under the Stars Concert featuring Barbara Weathers (formerly of Atlantic Starr) & Friends \$25
 Under the Stars Concert featuring Barbara Weathers (formerly of Atlantic Starr) & Friends - VIP ACCESS (Reserved seating, premium parking, meet & greet) \$50

ADDITIONAL ITEMS (Check ALL that apply):

- Extra T-Shirts: (specify quantity) \$25 each
___ Youth-SM ___ Youth-MED
___ Adult-SM ___ Adult-MED
___ Adult-LRG ___ Adult-XL
___ Adult-2XL ___ Adult-3XL
 HRF Live It Well Hat \$20 each
 HRF Live It Well Mug \$15 each
 Annual Healing Race Live It Well Membership \$25 per year

Amount Enclosed: \$ _____