

Autumn Classic

Annual
5K/10K

The Course
The 5K, 3.1 mile course and the 10K, 6.2 mile course, follow paved roads through rural sections of South Hill. Expect to challenge a few small hills. The route will have mile posts with an aide station along the way. The 5k and 10k will be an out and back to the finish line. At the finish, refreshments and medical aid will be available, along with individual times and finish places. Runners and walkers are encouraged to participate.

South Hill, Virginia / Directions to the NEW Y Site

Start and finish at the NEW Y Site - 1050 Plank Road, South Hill, VA 23970.

- Coming from the North on I-85, Take first Exit 15 (US 1); turn right (west) at stop sign (N. Mecklenburg Ave); Keep straight onto US-1/US-58BR/South Mecklenburg Ave, Turn right onto West Danville St/US-1/US-58BR, Bear Right (North-West) onto Plank Road.
- Coming from the South on I-85, Exit 12B, Ramp Right onto US-58 (East Atlantic St), Turn right (NE) US-58BR, Turn left (South) US-1/US-58BR, Bear right (NW) onto Plank Road.
- Coming from the west on Highway 58, Turn Left (North-East) onto US-58BR, Keep straight US-58BR/West Danville St, Turn Left past Mexican Restaurant by South hill Elementary (Plank Road), take quick Right onto Plank Road.

Date & Time

Saturday, October 30, 2010. The youth run will begin at 8:30 am. The 5k and 10k run starts at 9:00 am. Registration and check-in starts at 8:00 am.

Registration

Runners and walkers should pre-register by returning the registration form on or before October 23rd. The cost of the race is only \$15. If you prefer to register the day of the race, registration will take place at 8 am at the New Y site. Runners who register the day of the race will be charged an additional \$5.

Awards

Awards will be given to all participants

Note: T-shirt guaranteed to first 50 entrants only

For more information, call the South Hill YMCA
at (434) 447-9622 or Fax (434) 447-7060.

(the South Hill YMCA is not responsible for any liabilities incurred)



Youth Fun-Run!

Youth, ages 7-12 are invited to participate in our new 1-mile fun run.

The fun run will also take place on October 30th at the New Y Site. The run will begin at 8:30 am.

Please register by October 23rd or at 8:00 am at the park. Cost is \$15 if you pre-register or \$18 the day of the run.

Thanks!

to our wonderful sponsors!

Town of South Hill

Parker Oil

Dr. Bass

Gwen & Steve Hinzman

Dr. Danita Reese

IVC

Mecklenburg County

Distinct Impressions

Dogwood Graphics

With the funding from the prior year's sponsors, we were able to provide over \$1000 to children in financial need.

Want to be a Sponsor? It's easy!

A \$100 donation will send a child to camp for three weeks and your company's logo will be put on all race t-shirts. Again, thank you for your support!